

Leduc Crossfit Presents
 Run For Hope
 Leduc, AB
 June 19th, 2022

Overall 3KM Results

| Over All Rank | Rank In AgeGroup | Sex | Bib Num | Competitor Name | Official Time | Pace Min/Km |
|---------------------|------------------------|-----|------------|-----------------------|------------------|----------------|
| 1 | 1/5 | M | 34 | Brayden Thorimbert | 18:22 | 6:08 |
| 2 | 1/10 | F | 24 | Shivean Anand | 19:44 | 6:35 |
| 3 | 2/5 | M | 25 | Luis Ballester | 19:49 | 6:37 |
| 4 | 2/10 | F | 37 | Arianna Waser | 19:56 | 6:39 |
| 5 | 3/5 | M | 38 | Benji Waser | 19:56 | 6:39 |
| 6 | 3/10 | F | 26 | Leandra Grenier-Green | 22:10 | 7:24 |
| 7 | 4/10 | F | 28 | Mel Nodding | 22:51 | 7:37 |
| 8 | 4/5 | M | 30 | James Pratt | 23:03 | 7:41 |
| 9 | 5/10 | F | 29 | Hayley Pratt | 26:07 | 8:43 |
| 10 | 6/10 | F | 36 | Lenora Thorimbert | 26:26 | 8:49 |
| 11 | 7/10 | F | 35 | Kara Thorimbert | 28:44 | 9:35 |
| 12 | 8/10 | F | 27 | Anja McLellan | 30:01 | 10:01 |
| 13 | 5/5 | M | 33 | Chad Sletten | 30:01 | 10:01 |
| 14 | 9/10 | F | 32 | Brandy Sletten | 30:02 | 10:01 |
| 15 | 10/10 | F | 31 | Aliya Sletten | 30:03 | 10:01 |

