

Leduc Crossfit Presents
 Run For Hope
 Leduc, AB
 June 19th, 2022

Overall 5KM Results

Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Official Time	Pace Min/Km
1	1/8	M	41	David Ball	21:47	4:22
2	2/8	M	49	Dallas Heisler	23:09	4:38
3	3/8	M	55	Doug Kaweski	23:47	4:46
4	1/18	F	59	Erin McCurdy	23:59	4:48
5	2/18	F	108	Erika Leblanc	24:28	4:54
6	3/18	F	56	Chantelle Larson	25:47	5:10
7	4/8	M	110	Andre Lichtinghagen	26:13	5:15
8	4/18	F	67	Skye Cloutier	27:36	5:32
9	5/8	M	54	Erkan Karaytu	28:22	5:41
10	5/18	F	42	Emily Barnard	28:23	5:41
11	6/18	F	40	Candace Baker	30:07	6:02
12	7/18	F	60	Amanda Neumann	30:07	6:02
13	8/18	F	39	Christine Altstadt	30:25	6:05
14	6/8	M	45	Kevin Christenson	31:21	6:17
15	9/18	F	44	Sheena Blondheim	31:23	6:17
16	10/18	F	58	Meghan Lichtinghagen	31:44	6:21
17	7/8	M	51	Noah Heisler	35:05	7:01
18	11/18	F	50	Maggie Heisler	35:06	7:02
19	12/18	F	48	Andrea Heisler	35:28	7:06
20	8/8	M	105	Brody Giddings	35:40	7:08
21	13/18	F	46	Jessica Conn	36:25	7:17
22	14/18	F	53	Ellie Johnson	39:51	7:59
23	15/18	F	52	Carys Johnson	39:56	8:00
24	16/18	F	63	Jennifer Swindle	39:56	8:00
25	17/18	F	106	Veronica Hayden	45:22	9:05
26	18/18	F	107	Allysha Giddings	45:23	9:05

